# CEDARS 

## 2023 Aggregate results

www.vitae.ac.uk/cedars

## Background

CEDARS is the Culture, Employment and Development of Academic Researchers Survey. It gathers individuals' views on their experiences of their employment, professional development support and working culture within the academic research ecosystem. The question set is designed to support institutions' evaluation of their progress in implementing the Principles of the Concordat to Support the Career Development of Researchers.
A CEDARS 2023 was open between 1 March and 16 June 2023 with institutions choosing when to run their surveys within this period. There were 9,351 responses from 66 institutions.

Nespondents self-identified their career stage from doctoral researcher, research support role (typically research assistant (without doctoral degree), research or technical support), early career researcher, established researcher (mid-career), senior researcher and other (typically professional and technical occupations). This analysis focuses on two main comparator groups:

- Research staff (RS): Early career staff: researcher, not yet fully independent, (typically research staff, postdoctoral researcher, research fellow); 2,538 respondents
- Other academic staff (OAS): Established staff: mid-career researcher (typically assistant professor, lecturer, senior research fellow); and Senior staff: senior researcher (typically research group leader, research director, reader, full professor head of department); 5,946 respondents.

N Respondents also self-identified whether they had contractual responsibility for line managing staff. These 3135 respondents answered a sub-set of questions relating to their line management responsibilities.

N The profile of 66 institutions participating in CEDARS 2023 is different from the 48 institutions who participated in 2021 so it is not appropriate to do a direct comparison of the two datasets. Nevertheless, despite this difference, the CEDARS 2023 results are extraordinarily similar to CEDARS 2021, except for the employment profile where the participation of many smaller institutions comes through in the types of employment contracts.

## Key findings at a glance

Profile of respondents
Employment of researchers
Recognition and value
Management of researchers
Professional and career development
Environment and culture

## What does CEDARS tell us about research culture?

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Around two-thirds of staff have good job satisfaction ( $68 \%$ ), with female research staff having the highest levels ( $75 \%$ ) and mid-career staff having the lowest levels ( $63 \%$ ). Similar proportions of staff feel included in their immediate research environment ( $71 \%$ ), with male senior and research staff feeling most included ( $80 \%$ ) and mid-career staff (all genders) least included ( $66 \%$ ). Slightly lower proportions of staff feel valued at work ( $61 \%$ ), with male senior and research staff feeling most included ( $69 \%$ ) and mid-career staff (all genders) least included ( $53 \%$ ). Conversely, there is a significant proportion of respondents across all career stages who don't have good job satisfaction ( $29 \%$ ), and don't feel included in their research environment ( $24 \%$ ) or valued at work ( $36 \%$ ). Mid-career staff are more likely to fall into this group ( $34 \%, 29 \%, 43 \%$, respectively). Generally, mid-career staff express more dissatisfaction across a range of job satisfaction and wellbeing indicators which is worthy of further exploration.
^ Only half of staff ( $45 \%$ ) agree their working environment supports their wellbeing and mental health (WBMH), with 49\% disagreeing ( $21 \%$ strongly disagreeing). Mid-career staff are most likely to disagree ( $57 \%$ ). Considerably more staff agree that their institution actively promotes good MHWB of staff ( $58 \%$ ) with $36 \%$ disagreeing, rising to $42 \%$ of midcareer staff. Similarly, $53 \%$ of staff agree they are encouraged to take positive action to maintain their MHWB, with higher levels of research staff agreeing ( $61 \%$ ) and lower levels of mid-career staff ( $47 \%$ )
A $72 \%$ of staff believe their institution is committed to equality and diversity, however $19 \%$ report that they have been discriminated against at work in the last two years. Female researchers more likely to have felt discriminated against, with $27 \%$ of female other academic staff and $16 \%$ of female research staff feeling discriminated against. Female staff are less likely to believe that staff are treated fairly, irrespective of any protected characteristics ( $61 \%$ compared to $69 \%$ of men), with female mid-career staff least likely to agree ( $57 \%$ ). Female staff are also less likely to trust that their institution will investigate reported incidents of discrimination ( $41 \%$ compared to $34 \%$ of men), with $45 \%$ of female midcareer staff disagreeing or not knowing compared with $29 \%$ of male senior staff. $77 \%$ of research staff agree their manager communicates clear expectations regarding behaviours and/or culture in their local working environment.
A A fifth of staff (21\%) have felt bullied or harassed in the last two years. Female staff are more likely to have experienced bullying and harassment, with $24 \%$ of female other academic staff and $17 \%$ of female research staff reporting being bullied or harassed in the last two years compared to $18 \%$ and $13 \%$ of men, respectively.
Less than $10 \%$ of all respondents have felt pressurised into compromising their research standards or integrity, with less than $5 \%$ reporting incidents of research misconduct. Around two-thirds feel comfortable reporting incidents of misconduct, with female staff feeling less comfortable than male staff at all career levels. Female researchers are also less likely than male researchers to trust their institution to investigate reported incidents fairly and take appropriate action.
$\lambda$ There are high levels of interest or engagement in a range of current initiatives relating to research culture, with $78 \%$ of all staff interested in improving research culture and around two-thirds of research staff interested in making research more open, increasing the diversity of the research workforce and improving levels of research integrity. Other academic staff generally report even higher levels of interest. However, $47 \%$ of research staff have not heard of the Researcher Development Concordat, while $54 \%$ do not know the Research Integrity Concordat, compared to $33 \%$ and $39 \%$ of other academic staff, respectively.

## What does CEDARS tell us about how researchers are supported in their professional development?

. $70 \%$ of research staff aspire to an academic career, with $63 \%$ expecting to achieve this, even though very few will do so. $91 \%$ of other academic staff say they are confident in actively supporting staff to work towards their career aspirations, with $70 \%$ of research staff agreeing that their manager supports their broader career aspirations. However, only a half of research staff are encouraged by their managers to consider career options beyond academia; female research staff ( $48 \%$ ) less so than male ( $54 \%$ ). Very few research staff have experience of working ( $16 \%$ ) or have had a placement ( $7 \%$ ) in other sectors, while $56 \%$ would like to have these experiences. Similarly, low levels of research staff ( $14 \%$ ) have discussed their career options with a careers professional. $37 \%$ of research staff have a regular career development review with their manager, with $79 \%$ finding these useful.
Engagement in professional development activities is low with only $16 \%$ of research staff spending the ten or more days recommended in the Researcher Development Concordat. A quarter of research staff (and a similar proportion of other academic staff) report spending less than one day a year on professional development activities. Around half of research staff do not have time to invest in professional development, with female research staff more likely to report they have no time to develop their research identity ( $47 \%$ compared to $37 \%$ male) or their leadership capabilities ( $51 \%$ female; $44 \%$ male).

Conversely, there are high levels of interest in a wide range of training and development activities, including leadership (66\%), managing others ( $67 \%$ ), career management ( $64 \%$ ) and interdisciplinary research ( $62 \%$ ). Half of research staff would like training in open research ( $54 \%$ ), personal motivation and effectiveness ( $51 \%$ ), and communication and dissemination (51\%).

Wimilarly, two-thirds of research staff want to engage in wider activities within the research system, e.g. knowledge exchange (65\%), citizen science, public policy development $(63 \%)$ and institutional policy/ decision making ( $62 \%$ ). Half of research staff have no interest in the commercialisation of research, with female research staff ( $59 \%$ ) expressing less interest than male research staff ( $42 \%$ ). Male research staff ( $44 \%$ ) are more likely to have a career development plan than female research staff ( $33 \%$ ).

## What does CEDARS tell us about the

## employment of researchers?

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Respondents are fairly evenly split between research staff ( $27 \%$ ), mid-career ( $35 \%$ ) and senior staff ( $29 \%$ ) (the later groups two combined and reported as 'other academic staff'). $79 \%$ of other academic staff are employed on research and teaching contracts, while $65 \%$ of research staff are on research only contracts. Included in this research staff group are a fairly substantial group of early career staff employed on research and teaching contracts ( $28 \%$ ), representing an ongoing trend in widening the promotion of CEDARS to other staff engaged in research. $66 \%$ of research staff have $80-100 \%$ of their time contracted to research, although only $46 \%$ report spending this amount of time doing research. Small proportions of teaching only staff ( $4 \%$ ) and professional staff ( $7 \%$ ) responded to CEDARS: their results are not reported here.
^
Research staff are predominately employed (68\%) on fixed term or open contracts ' limited by funding': this compares to $91 \%$ of other academic staff employed on open contracts. $50 \%$ of research staff have had two or more contracts with their current institution and $23 \%$ are employed on fixed-term contracts of 12 months or less. Research staff believe they are treated fairly in relation to requests for flexible working (79\%) and research outputs expectations ( $75 \%$ ), but less so on contracted workload ( $66 \%$ ), allocation of additional work ( $56 \%$ ) and maternity and parental leave ( $56 \%$ ). Other academic staff are least likely to feel fairly treated in relation to contracted workload ( $44 \%$ ) and allocation of additional work (37\%).

Half of research staff (57\%) were recruited in the last two years and the large majority ( $80 \%$ or more) believe their recruitment was fair, inclusive, transparent and merit-based. However, only a third of research staff (33\%) believe promotion processes are based on merit. 61\% of research staff report finding their departmental induction useful, although $18 \%$ were not offered any induction.
^
The majority of research staff report being well managed, with $80 \%$ agreeing their manager clearly articulates the expectations with respect to their role; $72 \%$ agree their manager sets expectations and objective appropriate to their role; and $63 \%$ agree they support them in working towards promotion opportunities. However, female research staff are generally less positive than male research staff about their line management experiences. $69 \%$ of research staff have participated in an appraisal in the last two years, compared to $88 \%$ of other academic staff, but were more likely to find it useful ( $61 \%$ compared with $52 \%$, respectively).
M More than $95 \%$ of managers are confident in acknowledging good performance and providing effective feedback. Conversely, almost a half of managers are not confident (42\%) dealing with poor performance and would like training in leading groups ( $49 \%$ ) and managing staff performance ( $45 \%$ ). Almost half of managers report not feeling valued for managing staff performance ( $44 \%$ ), appraising staff ( $42 \%$ ), developing researchers ( $49 \%$ ) and supervision of doctoral researchers ( $39 \%$ ).
Around a half of research staff feel valued for their contributions to their institution (48\%), but many do not agree or not know if they are valued for their wider contributions,
such as management and administration ( $71 \%$ ), knowledge exchange activities ( $60 \%$ ), teaching ( $46 \%$ ) or grant applications ( $39 \%$ ). such as management and administration (71\%), knowledge exchange activities ( $60 \%$ ), teaching ( $46 \%$ ) or grant applications ( $39 \%$ ).

Key findings at a glance

## Profile of respondents

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# Profile of respondents 

66 Institutions participated 9,351 Total responses

From this point only research staff and other academic staff (mid-career and senior) data reported ( $\mathrm{N}=8484$ )


- Postgraduate researcher
- Research support role
- Research staff
- Mid-career staff
- Senior staff
- Other (primarily technicians and professional staff)

Research Staff


Other
Academic
Staff
(Est and Senior)



## Caring responsibilities:

39\% with caring responsibilities

## Disability:

$\mathbf{2 1 \%}$ disclosed an impairment or health condition

* Ethnicity data is for UK nationals only. Ethnic minorities have been collated as BAME due to very small numbers. No analysis was undertaken by ethnicity.

CED/RS

Key findings at a glance

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## Research staff



CED/ARS

57\% of research staff recruited within the last
two years...
... compared with only $18 \%$ of other academic staff respondents

Large majority of these research staff believe their recruitment was:


Fair


Inclusive


Transparent 85\%

Meritbased

of OAS staff
and $\mathbf{2 6 \%}$ of
research staff
would like
training in
recruitment
and selection
research staff found their departmental

not offered
any induction

Research staff are less likely to participate in appraisal, but more likely to find this useful

of OAS are confident managing appraisal processes effectively

of research staff also involved in appraisal of staff. 62\% don't know or do not feel recognised for this activity

of research staff found their appraisal useful. Compared to 52\% of other academic staff

of OAS would like to undertake training in conducting appraisals
of OAS do not
feel recognised
for conducting
appraisals, and
10\% don't know
(excludes not
applicable)


## Research staff reasons for nonparticipation

- Recent recruit
- On probation
- Not invited
- Not arranged
- Not eligible
- Other

Research staff are much less likely to believe that promotion and progression processes are fair

My institution has equitable opportunities for career progression


Promotions at my institution are made on merit


The promotion pathways and processes at my institution are clear to me


My institution's redundancy processes are clear to me


Key findings at a glance

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## Research staff and other academic staff have different

 views on whether they are treated fairlyLess research staff believe that are treated fairly in relation to:


More research staff believe they are treated fairly in relation to:


There is little difference in relation to access to training and development (71\%); salary and benefits (54\%); career advancement opportunities (~50\%)

# Around a half of research staff and other academic staff 

 feel valued for their contributions to their institution

Appropriately recognised for contributions to institution


- Agree strongly
- Agree
- Disagree
- Disagree strongly
- Don't know

However, research staff are less likely to feel recognised for their wider contributions . . .
. . . Proportion of research staff not agreeing or not knowing whether their contributions are valued in relation to:


Key findings at a glance

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## Majority of research staff well-managed

Clearly articulates their expectations of my role and performance

Set expectations and objectives appropriate to my role

Encourages me to engage in personal and career development activities

Provides clear, constructive and timely feedback on my performance

Supports me to develop my research identity

Supports me in my broader career aspirations

Supports me in working towards promotion opportunities

Encourages me to consider career options beyond academia

## \% 0



Have regular formal career development review with manager


Find these useful


CEDARS

## $42 \%$ of managers of researchers not confident

## dealing with poor performance



## are not confident in dealing with poor

 performance

## are not confident to provide guidance on redeploymen processes



## are not

 confident responding to issues of bullying and harassment
## Almost half would like training in:

- Leading a research group (38\%)
- Managing staff performance (39\%)
- Mental health and wellbeing (36\%)
- Leadership (30\%)

3,135 academic staff are responsible for managing other researchers; 77\% on teaching and research contracts;
$\mathbf{7 4 \%}$ with 10 or more years' research experience; $\mathbf{4 6 \%}$ female.
$\mathbf{5 2 \%}$ manage three or more doctoral researchers; 50\% three or more research staff and $\mathbf{4 2 \%}$ one or more professional staff.

[^0]Many managers of researchers don't feel valued for:

- Developing researchers (49\%)
- Managing staff performance (44\%)
- Appraisal/review of staff (42\%)
- Supervising doctoral researchers (39\%)

A quarter of other academic staff spend less than one day on their professional development; a half less than three days.

Key findings at a glance

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## Professional and career development

Environment and culture


Maintain a formal record of continuing professional development activities


Aware of the support provided
for your career
and professional
development

Have a clear career development plan


Have discussed career options with a careers specialist

88

## Only $16 \%$ of research staff have spent 10 or more days on training or professional development activities



However, there are high levels of interest in engaging in professional development.

## Two-thirds would like training in:

- Career management (67\%)
- Managing others (67\%)
- Leadership (66\%)
- Project management (63\%)
- Interdisciplinary research (62\%)


## Half would like training in:

- Open research (54\%)
- Communication and dissemination (51\%)
- Personal motivation and effectiveness (51\%)
- Collaboration and teamworking (49\%)
- Mental health and wellbeing (47\%)
- Teaching and lecturing (44\%)

Research staff are interested in wider engagement within the research system, but much less so in commercialisation

Almost two thirds of research staff would like to get involved in:



Few have experience of other sectors (16\%) or had a placement (7\%) More than half would like to have these experiences (56\%)

52\% have no interest in the commercialisation of research (59\% Female; 42\% Male) This gender difference persists across all REF Panels, except for Panel D (56\% Female; 64\% Male)

Key findings at a glance

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## Environment and culture

# Only half of staff agree their working environment supports their wellbeing and mental health (WBMH) and a quarter strongly disagrees 

Research staff views of their working environment:

Agree/
Strongly
agree
100
80
60
40
20
\% 0

Working environment supports their mental health and wellbeing


Takes positive action to maintain mental health and wellbeing


Institution actively promotes good mental health and wellbeing of staff

Manager promotes a good work-life balance
of research
staff would
like training in mental health
and wellbeing

of OAS would like training in mental health and wellbeing

Female staft at all career stages are less likely than male staff to feel their working environment supports their WBMH

## Levels of job satisfaction and

 feelings of inclusion generally highResearch staff views of their working environment:

Feel included in your immediate research environment


Have a good level of job satisfaction


Feel included in your immediate research environment


Feel valued at work


Feel valued at work


Manager communicates clear expectations of behaviours and culture locally


Manager communicates clear expectations of behaviours and culture locally


Mid-career staff
have lowest levels of job satisfaction (63\%), sense of inclusion (66\%) and feeling
valued (53\%)

Interest in initiatives relating to research culture is high in contrast to low levels of knowledge of key policy documents

Active engagement or interest in current initiatives relating to research culture:


Large proportions of staff have not heard of key UK policy documents and initiatives:


Institutions committed to equality and diversity, but need to improve researchers' confidence in reporting discrimination


Incidents of discrimination (within the last two years):


## $21 \%$ of researchers have felt bullied or harassed <br> in the last two years

- Research staft

Incidents of bullying and harassment (within the last two years):

- Other academic staff


Women less likely than men to trust their institution will investigate reported incidents of bullying and harassment

of managers of researchers not confident in responding to issues relating to bullying and harassment
$69 \%$ of researchers believe their institution promotes the highest level of research integrity


Interest in research integrity-related training:


## Participating in CEDARS

- Attend the Getting the most out of CEDARS, October 2023
- Use CEDARS to support your institutional strategy for improving research culture
- Use CEDARS to support your Researcher Development Concordat implementation and HR Excellence in Research Award submission
- Look out for opportunities to engage with the Vitae community to explore CEDARS 2023 findings and inform the ongoing development of CEDARS
- Upcoming events: www.vitae.ac.uk/events
- Register your interest in running CEDARS 2025 at your institution cedars@vitae.ac.uk


[^0]:    (Excludes 'not applicable' responses)

